# BREAKFAST <br> ENGLISH BREAKFAST - 28 

Full English 807 kcal
eggs of your choice, bacon, sausages, grilled tomatoes,
baked beans, mushrooms and hash brown (Celery, Dairy, Egg, Gluten, Sulphites)

Bakery basket of Danish pastries and croissants (Dairy, Egg, Gluten, Nuts)
Juice and tea or coffee

## EGGS

Benedict 757 kcal - 16
English muffin, ham, hollandaise (Dairy, Egg, Gluten, Sulphites)

Royale 753 kcal - 16
English muffin, salmon, hollandaise
(Dairy, Egg, Fish, Gluten, Sulphites)
Florentine 746 kcal - 16
English muffin, spinach, hollandaise
(Dairy, Egg, Gluten, Sulphites)
Asparagus 278 kcal - 14
poached eggs, hollandaise (Dairy, Egg, Sulphites)
Plain omelette 180 kcal - 14
(Dairy, Egg)
Spanish omelette 232 kcal - 14
tomato, onion, spinach, mushrooms, peppers
(Dairy, Egg)
Ham and cheese omelette 241 kcal - 14
(Dairy, Egg)
White omelette and/or other fillings available upon request

## HEALTHY

Granola 471 kcal - 8
(Dairy, Gluten, Nuts)
Fruit salad $50 \mathrm{kcal}-7$
Porridge $76 \mathrm{kcal}-9$
(Dairy, Gluten)

## MAINS

## Crumpets 177 kcal - $\mathbf{8}$

butter, jam
(Dairy, Gluten)
French toast 357 kcal - 11
berries, crème fraîche, almonds (Dairy, Egg, Gluten, Lupin, Nuts)
Pancakes \& berries 475 kcal - 11
(Dairy, Egg, Gluten, Lupin, Nuts)
Hummus \& pita $166 \mathrm{kcal}-6$
(Dairy,Gluten, Sesame)

## SIDES

Bakery basket 560 kcal - 8
(Dairy, Egg, Gluten, Nuts)
Baked beans 78 kcal - 5
(Sulphites)
Mushrooms 44 kcal - 5 (Dairy)
Hash browns $240 \mathrm{kcal}-5$
(Dairy, Gluten)
Streaky bacon 541 kcal - 5
(Sulphites)
Smoked salmon 105 kcal - 8
(Fish, Sulphites)
Cumberland sausages 320 kcal - 6
(Celery, Dairy, Gluten, Sulphites)

Halloumi hash 365 kcal - 11
sweet potato, spinach, tomato (Dairy)

## BEVERAGES

Tea-6 Orange, apple or grapefruit juice - 6
Coffee-6
Hot chocolate - 6

Green morning juice-7
Rise and shine juice-7

Mimosa-17
Kir Royale - 17

Adults need around 2000 kcal a day.
All prices are inclusive of $20 \%$ VAT. A discretionary service charge of $12,5 \%$ will be added to your final bill.


