# BREAKFAST **ENGLISH BREAKFAST - 28**

Full English 807 kcal

eggs of your choice, bacon, sausages, grilled tomatoes, baked beans, mushrooms and hash brown (Celery, Dairy, Egg, Gluten, Sulphites)

Bakery basket of Danish pastries and croissants (Dairy, Egg, Gluten, Nuts)

Juice and tea or coffee

#### EGGS

Benedict 757 kcal - 16 English muffin, ham, hollandaise (Dairy, Egg, Gluten, Sulphites)

Royale 753 kcal - 16 English muffin, salmon, hollandaise (Dairy, Egg, Fish, Gluten, Sulphites)

Florentine 746 kcal - 16 English muffin, spinach, hollandaise (Dairy, Egg, Gluten, Sulphites)

Asparagus 278 kcal - 14 poached eggs, hollandaise (Dairy, Egg, Sulphites)

Plain omelette 180 kcal - 14 (Dairy, Egg)

Spanish omelette 232 kcal - 14 tomato, onion, spinach, mushrooms, peppers (Dairy, Egg)

Ham and cheese omelette 241 kcal - 14 (Dairy, Egg)

> White omelette and/or other fillings available upon request

### MAINS

Crumpets 177 kcal - 8 butter, jam (Dairy, Gluten)

French toast 357 kcal - 11 berries, crème fraîche, almonds (Dairy, Egg, Gluten, Lupin, Nuts)

Pancakes & berries 475 kcal - 11

(Dairy, Egg, Gluten, Lupin, Nuts)

Hummus & pita 166 kcal - 6 (Dairy,Gluten, Sesame)

#### SIDES

Bakery basket 560 kcal - 8 (Dairy, Egg, Gluten, Nuts)

Baked beans 78 kcal - 5 (Sulphites)

Mushrooms 44 kcal - 5 (Dairv)

Hash browns 240 kcal - 5 (Dairy, Gluten)

Streaky bacon 541 kcal - 5 (Sulphites)

Smoked salmon 105 kcal - 8 (Fish, Sulphites)

Cumberland sausages 320 kcal - 6 (Celery, Dairy, Gluten, Sulphites)

## HEALTHY

Granola 471kcal - 8 (Dairy, Gluten, Nuts)

Fruit salad 50 kcal - 7

Porridge 76 kcal - 9 (Dairv, Gluten)

## BEVERAGES

- Orange, apple or grapefruit juice 6
  - Green morning juice 7
  - Rise and shine juice 7
- Mimosa 17

Halloumi hash 365kcal - 11

sweet potato, spinach, tomato

(Dairy)

- Kir Royale 17
- Bloody Mary 17

Adults need around 2000 kcal a day All prices are inclusive of 20% VAT. A discretionary service charge of 12,5% will be added to your final bill.



Vegetarian (V), Vegan (VG) and Gluten free options available, please ask prior to ordering. If you have an allergy to any food product or dietary requirement, please advise us prior to ordering.

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Avocado on toast 395kcal - 15 poached eggs, pomegranate, chilli flakes (Dairy, Egg, Gluten, Lupin)

Tea - 6

Hot chocolate - 6

Coffee - 6