

# BREAKFAST

## ENGLISH BREAKFAST - 28

Full English 807 kcal

eggs of your choice, bacon, sausages, grilled tomatoes,  
baked beans, mushrooms and hash brown  
(Celery, Egg, Gluten, Milk, Sulphites)

Bakery basket of Danish pastries and croissants 417 kcal

(Egg, Gluten, Milk, Nuts)

Juice and tea or coffee

(Milk)

### EGGS

**Benedict 757 kcal - 16**

English muffin, ham, hollandaise  
(Egg, Gluten, Milk, Sulphites)

**Royale 753 kcal - 16**

English muffin, salmon, hollandaise  
(Egg, Fish, Gluten, Milk, Sulphites)

**Florentine 746 kcal - 16**

English muffin, spinach, hollandaise  
(Egg, Gluten, Milk, Sulphites)

**Asparagus 278 kcal - 14**

poached eggs, hollandaise  
(Egg, Milk, Sulphites)

**Plain omelette 180 kcal - 14**

(Egg, Milk)

**Spanish omelette 232 kcal - 14**

tomato, onion, spinach, mushrooms, peppers  
(Egg, Milk)

**Ham and cheese omelette 241 kcal - 14**

(Egg, Milk, May Contain Sulphites)

White omelette and/or other fillings

available upon request  
(Egg, Milk)

### MAINS

**Crumpets 177 kcal - 8**

butter, jam  
(Gluten, Milk)

**French toast 357 kcal - 11**

berries, crème fraîche, almonds  
(Egg, Gluten, Lupin, Milk, Nuts)

**Pancakes & berries 475 kcal - 11**

(Egg, Gluten, Lupin, Milk, Nuts)

**Hummus & pita 166 kcal - 6**

(Gluten, Milk, Sesame)

### SIDES

**Bakery basket 560 kcal - 8**

(Egg, Gluten, Milk, Nuts)

**Baked beans 78 kcal - 5**

(Sulphites)

**Mushrooms 44 kcal - 5**

(Milk)

**Hash browns 240 kcal - 5**

(Gluten, Milk)

**Streaky bacon 541 kcal - 5**

(Sulphites)

**Smoked salmon 105 kcal - 8**

(Fish, Sulphites)

**Cumberland sausages 320 kcal - 6**

(Celery, Gluten, Milk, Sulphites)

### HEALTHY

**Granola 471kcal - 8**

(Gluten, Milk, Nuts)

**Fruit salad 50 kcal - 7**

**Porridge 76 kcal - 9**

(Gluten, Milk)

**Avocado on toast 395kcal - 15**

poached eggs, pomegranate, chilli flakes  
(Egg, Gluten, Lupin, Milk)

**Halloumi hash 365kcal - 11**

sweet potato, spinach, tomato  
(Milk)

### BEVERAGES

**Tea (Milk) - 6**

**Coffee (Milk) - 6**

**Hot chocolate (Milk) - 6**

**Orange, apple or grapefruit juice - 6**

**Green morning juice - 7**

**Rise and shine juice - 7**

**Mimosa (Sulphites) - 17**

**Kir Royale (Sulphites) - 17**

**Bloody Mary (Celery, Fish, Gluten, Soy) - 17**

Vegetarian (V), Vegan (VG) and Gluten free options available.  
Adults need around 2000Kcal a day.  
All prices are inclusive of 20% VAT.  
A discretionary service charge of 12,5%  
will be added to your final bill.



We always endeavour to manage the unintentional presence of allergens through potential cross-contact; however, we cannot guarantee that any of our foods are allergen-free or suitable for those with allergies. Please speak with our trained staff about allergens.